# WHAT DOES ARANET4 MEASURE?

Aranet4 monitor is a wireless, portable device for measuring the air quality anywhere you are.

#### Aranet4 Measures:

CO<sub>2</sub> LEVELS<sup>1</sup>
420 ppm – fresh outdoor air
Below 1000 ppm – optimal CO<sub>2</sub> level indoors
1000 ppm to 1400 ppm – brain cognitive function decreases by 15 %
Above 1400 ppm – brain cognitive function decreases by 50 %
CO<sub>2</sub> levels are expressed in ppm or parts per million.

#### **TEMPERATURE**<sup>2</sup>

The optimal indoor temperature ranges from 18 to 24 °C / 64 to 75 °F.

#### **RELATIVE HUMIDITY<sup>3</sup>**

The ideal relative humidity level is between 30 % to 50 % indoors. A dry environment (< 30 %) can cause dry and irritated skin, while high humidity (> 50 %) combined with high temperature breeds bacteria and mold.

### What is Aranet4 Used For?

The Aranet4 air quality monitor can help you keep the indoor air healthy. Good air quality helps people maintain their general well-being, comfort, and productivity.

Additionally, CO<sub>2</sub> monitoring can be a good proxy of the ventilation of a shared indoor space. Proper ventilation of indoor spaces can help to mitigate the spread of respiratory diseases, such as COVID-19. CO<sub>2</sub> is a gas produced when we exhale, so its concentration can be a good indicator of insufficient ventilation<sup>4</sup>, as well as aerosols and possibly virus particles potentially lingering in the air.

Whether it's for your general well-being or protection against COVID-19, Aranet4 will warn you when you need to ventilate and help you stay healthy.

<sup>1</sup> aranet4.com/HarvardStudyCO2

<sup>2</sup> aranet4.com/WHOTemperatureGuidelines

<sup>3</sup> aranet4.com/EPAHumidityGuidelines

<sup>4</sup> tinyurl.com/FAQ-aerosols

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